

Momentum Mobilizes Israel Unity Mission

Join Momentum for an unprecedented opportunity in Israel to commemorate Yom Ha'zikaron, Memorial Day, and celebrate Yom Ha'atzmaut, Israel's Independence Day.

Together we will honor the memory of the fallen, salute the heroes safeguarding our homeland, express solidarity with the many newly bereaved families and hopes for the return of the 134 hostages still in Gaza, and stand in solidarity with the Jewish state at this pivotal moment.

Monday, May 13 Yom Hazikaron–Memorial Day

Value: Learning & Growth - Limmud v'Hitlamdut

Attire: It is customary to wear a white shirt on Yom Hazikaron.

10:00 am **Momentum Yom Hazikaron Program**
Tel Aviv

11:00 am **Yom Hazikaron Siren**

Lunch

Program in Tel Aviv

3:00 pm **Check-in to hotel in Tel Aviv**

5:00 pm **Momentum Yom Hazikaron Program**
Tel Aviv

“Shifting Paradigms: The Power of Learning and Growth”
Momentum Educator

Welcome Dinner

8:15 pm **Yom Ha'atzmaut Program**

9:30 pm **Depart back to hotel for Overnight Stay in Tel Aviv**

Tuesday, May 14 Yom Ha'Atzmaut–Independence Day

Value: Courage – Azut d'Kedusha

Attire: Casual; It is customary to wear blue and white on Yom Ha'atzmaut.

Breakfast at the hotel

8:00 am **Depart by Bus to TBD**

8:45 am **“The Courage to Act on Your Calling”**
Momentum Educator

Yom Haatzmaut Program in Tel Aviv

2:30 pm **Depart to Neot Kedumim**

3:30 pm **Program and Tree Planting at Neot Kedumim**
Neot Kedumim is a restored ecological preserve located in the center of Israel.

Reflection Time on the Value of Courage

Special opportunity to gather in groups by city to reflect, dive deep and discuss the questions on the value of each day in the journal.

5:00 pm **Yom Ha'aztmaut BBQ Dinner**

7:30 pm **Overnight: hotel in Tel Aviv**

Wednesday, May 15

Value: Human Dignity–Kavod Habriyot

Attire: Casual

Breakfast at the Hotel

7:00 – 7:30 am

- Check out of Hotel
- Bring your suitcase to the lobby of the hotel between 7-7:30 am only

8:00 am **Depart by bus to TBD**

8:30 am **Human Dignity: Embracing Your Spark of Holiness**
Momentum Educator

Depart by bus

Visit the New MDA Center

Visit the brand-new, world's first subterranean, shielded blood bank and processing center, the Jewish state's version of Fort Knox, and hear from first-hand experience speakers about their work.

Visit to the South

Visit to the South of Israel to bear witness to the tragic events of the October 7th massacre- Nova Festival site, City of Sderot, hear testimonials

Version 1 Draft Itinerary - Subject to Change

Volunteer Activity

Experience and learn first-hand how Israel's Social Service Organizations and Volunteers fill the needs in Israeli society.

Cohort Circle Reflection Time

7:30 pm **Check-in to hotel in Jerusalem**

Free Evening and Dinner on Your Own

Overnight: hotel in Jerusalem

Thursday, May 16

Value: Generosity–*Chesed v'Tzedakah* & Faithfulness & Trust–*Emunah*

Attire: Clothes and shoes for light farming. Modest, Casual (Visiting Western Wall)

Breakfast at the Hotel

8:00 am **Depart to Agriculture Volunteer Activity**

9:00 am **Volunteer at a Farm**

Join Israeli farmers to save their lives' work in harvesting crops. Ensure that every vegetable and fruit picked reaches the Israeli market and that no farmer is left alone.

Packed Lunch provided

1:00 pm **Tour of Har Hertzl**

Mount Hertzl is Israel's National Military Cemetery, where Theodore Hertzl and many of our past Jewish State Leaders are buried alongside soldiers of Israel's Defense Forces who fell in battle.

3:30 pm **Tour of the Jewish Quarter in the Old City**

4:30 pm **Beautiful Rooftop View in the Old City of Jerusalem**

Break

Light refreshments will be served

Community Leader led workshop with a gift

5:30 pm **"The Power of Prayer"**

Momentum Educator

6:15 pm **Visit the Kotel – Western Wall**

At this last remnant of the Holy Temple, and the holiest site on earth, your heart will see more than your eyes, as you feel the prayers of thousands of years and millions of Jews. The Kotel is known as a place where the Divine Presence never leaves.

7:00 pm **Free evening and dinner on your own**

Overnight: hotel in Jerusalem

Version 1 Draft Itinerary - Subject to Change

Friday, May 17

Value: Achdut – Unity

Morning Attire: Casual

Evening Attire: Modest (Visiting the Western Wall), Shabbat Stylish

Breakfast at the hotel

9:00 am **Take Action: An Expression of Unity**
Momentum Educator

9:30 am **IDF Spokesperson Unit**

10:15 am **Break**
Light refreshments will be served

10:45 am **Israel Engagement Workshop**
Focus on practical ideas you can take back home: community mobilizing, digital advocacy, combating antisemitism and more.

1:30 pm **Free Afternoon**
Optional ideas include: Visit Machane Yehuda Shuk, Relax at Your Hotel, Shop on Emek Refaim, Visit Historic Yemin Moshe Windmill or Relax by the Water Fountains at Teddy Park

Time to Prepare for Shabbat

6:30 pm **Disconnect to Connect: Shabbat**
Momentum Educator

6:55 pm **Candle Lighting**
TBD

Walk to the Old City

Praying and Dancing at the Kotel (Western Wall)

Kabbalat Shabbat at the Kotel is a magical experience. Witness the throngs of Jews welcoming the Shabbat Queen with joy in song and dance.

8:30 pm **Shabbat Dinner**
TBD

Overnight: hotel in Jerusalem

Shabbat, May 18

Value: Peace & Wholeness in the Home – Shalom Bayit

Morning Attire: Shabbat Stylish

Evening Attire: Casual

Breakfast at the Hotel

11:00 am **Parenting & Family Relationships**
Momentum Educator

11:45 am **Cohort Circle Reflection Time**

Version 1 Draft Itinerary - Subject to Change

- 12:30 pm **Meet in Lobby to Walk to Your Shabbat Lunch Hosts**
"Shabbat of a Lifetime" Enjoy an authentic Jerusalem experience by joining local families for Shabbat lunch at the home of a host family.
- 3:30 pm **Shabbat Day Relaxing Afternoon**
- 6:30 pm **Enjoy a Light Meal to End Shabbat together**
Enjoy a light meal together with your Momentum Sisters as Shabbat draws to a close.
- 8:12 pm **Musical Havdalah**
- Free evening and dinner on your own**
- Overnight: hotel in Jerusalem**

Sunday, May 19

Value: Gratitude – Hakarat Hatov

Attire: Casual

Breakfast at the Hotel

Checkout of Hotel

- 8:30 am **Bringing Your Momentum Home**

Momentum Educator

Taking Action: Mobilizing Others

Momentum Educator

Evaluations

We value your feedback. Thank you for taking this time to complete the digital survey.

- 10:30 am **Prepare Care Packages for Soldiers with Thank Israeli Soldiers**
Thank Israeli Soldiers supports initiatives that embrace, educate and empower the brave men and women who serve Israel, throughout their service and into civilian life, to help create a stronger and more unified society.

- 11:30 am **Depart to lunch**

- 12:30 pm **Lunch with Soldiers serving on the Front-lines**
Show your support to soldiers serving on the front-lines by sharing a meal together.

- 4:00 pm **Depart back to Jerusalem**

- 5:00 pm **Free time**

- 7:00 pm **Meet at Hotel to depart by bus to Airport**