

## Discovering the Real You

### PART 1- Strengths:

➤ Talents:

- 1.
- 2.
- 3.

➤ Loves:

- 1.
- 2.
- 3.

➤ Paradise Moments:

- 1.
- 2.
- 3.

➤ Yeud – Purpose. *Putting it all together to write Your Life's Mission Statement:*

<b>Chaim (Thinker)</b>	<b>Bracha (Feeler)</b>	<b>Tov (Doer)</b>
<b>Soul:</b>	<b>Soul:</b>	<b>Soul:</b>
<b>Body:</b>	<b>Body:</b>	<b>Body:</b>

### Part 2 – Renovations:

➤ Tikkun – Fix:

- 1.
2.
  - Is this something I keep tripping over all the time?
  - If I could pull this mistake out by its roots, would it pull many other mistakes with it?

➤ Yetzer Hora – Voice in your Head:

My Story:

1. What decision did I make about myself at that moment?
2. What decision did I make about life at that moment?
3. What would I say to that little child now? What's true?