

WHERE I WANT TO BE AT THIS TIME NEXT YEAR: **EMOTIONAL HEALTH**

List key goals: calm, focused, present...

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**GOAL**

**ACTION STEPS**

**ACCOUNTABILITY**

**WHERE I WANT TO BE AT THIS TIME NEXT YEAR: *FINANCIAL HEALTH***

List key goals: save for retirement, “rainy day”, college; taxes, loans, mortgage, Israel fund, tzedakah/charity, etc...

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**CATEGORY**

**GOAL**

**ACTION STEPS**

**ACCOUNTABILITY**

**WHERE I WANT TO BE AT THIS TIME NEXT YEAR: *PROFESSIONALLY***

List key goals: career change, promotion, skills, etc...

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**GOAL**

**ACTION STEPS**

**ACCOUNTABILITY**

WHERE I WANT TO BE AT THIS TIME NEXT YEAR: **RELATIONSHIPS**

List key relationships: family, friends...

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**PERSON**

**GOAL**

**ACTION STEPS**

**ACCOUNTABILITY**

**WHERE I WANT TO BE AT THIS TIME NEXT YEAR: *SPIRITUALLY***

List key goals: kosher, shabbat, prayer, modesty, lashon hora (gossip), bedtime shema, etc...

**GOAL**

**ACTION STEPS**

**ACCOUNTABILITY**